



**Monmouth School Sports Club**

**01600 714381**

**[www.mssportsclub.com](http://www.mssportsclub.com)**

**HALF TERM HOLIDAY**

**SWIM & GYM**

**TIMES**

**Mon 15th October - Sun 28th October**

**2018**

\* = PLEASE CHECK TIMES DAILY AS THERE ARE A FEW  
IRREGULAR TIMES TO ACCOMMODATE VARIOUS EVENTS.  
NORMAL DOOR OPENING TIMES APPLY.  
NORMAL FITNESS SUITE QUIET TIMES APPLY.

**MONDAY 15th OCTOBER****SWIM**

6.45am – 9.30am  
 12.00pm – 2.00pm  
 4.30pm – 7.30pm  
 8.30pm - 10.00pm

**GYM**

6.45am – 2.00pm  
 4.00pm – 10.00pm

**TUESDAY 16th OCTOBER****SWIM**

6.45am – 9.30am  
 12.00pm – 2.00pm  
 4.30pm – 10.00pm

**GYM**

6.45am – 2.00pm  
 4.00pm – 10.00pm

**WEDNESDAY 17th OCTOBER****SWIM**

\*6.45am – 9.00am

*(Staff Training Day)*

*(Sports Club Open 6.45 – 9.00am Only)*

**GYM**

6.45am – 9.00am

**THURSDAY 18th OCTOBER****SWIM**

6.45am – 9.30am  
 12.00pm – 2.00pm  
 4.30pm – 10.00pm

*(Tri Club x2 lanes 7.30-8.30pm)*

**GYM**

6.45am – 2.00pm  
 4.00pm – 10.00pm

**FRIDAY 19th OCTOBER****SWIM**

6.45am – 9.30am  
 12.00pm – 2.00pm  
 4.30pm – 10.00pm

**GYM**

6.45am – 2.00pm  
 4.00pm – 10.00pm

**SATURDAY 20th OCTOBER****SWIM**

8.00am – 12.30pm  
 3.15pm – 5.00pm

**GYM**

8.00am – 1.00pm  
 2.00pm – 5.00pm

**SUNDAY 21st OCTOBER****SWIM**

9.00am – 12.30pm  
 3.15pm – 5.00pm

**GYM**

9.00am – 1.00pm  
 2.00pm – 5.00pm

\* = adjusted times

**MONDAY 22nd OCTOBER****SWIM**

6.45am – 9.30am  
 12.00pm – 2.00pm  
 4.30pm – 7.30pm  
 8.30pm - 10.00pm

**GYM**

6.45am – 2.00pm  
 4.00pm – 10.00pm

**TUESDAY 23rd OCTOBER****SWIM**

6.45am – 9.30am  
 12.00pm – 2.00pm  
 4.30pm – 10.00pm

**GYM**

6.45am – 2.00pm  
 4.00pm – 10.00pm

**WEDNESDAY 24th OCTOBER****SWIM**

6.45am – 9.30am  
 12.00pm – 2.00pm  
 4.30pm – 7.00pm  
 8.30pm – 10.00pm

**GYM**

6.45am – 2.00pm  
 4.00pm – 10.00pm

*(Inc Parent & Toddler session 12.30—1pm)*

**THURSDAY 25th OCTOBER****SWIM**

6.45am – 9.30am  
 12.00pm – 2.00pm  
 4.30pm – 10.00pm

*(Tri Club x2 lanes 7.30-8.30pm)*

**GYM**

6.45am – 2.00pm  
 4.00pm – 10.00pm

**FRIDAY 26th OCTOBER****SWIM**

\*6.45am – 9.00am  
 \*12.30pm – 2.00pm  
 4.30pm – 10.00pm

**GYM**

6.45am – 2.00pm  
 4.00pm – 10.00pm

**SATURDAY 27th OCTOBER****SWIM**

8.00am – 12.30pm  
 3.15pm – 5.00pm

**GYM**

8.00am – 1.00pm  
 2.00pm – 5.00pm

**SUNDAY 28th OCTOBER****SWIM**

9.00am – 12.30pm  
 3.15pm – 5.00pm

**GYM**

9.00am – 1.00pm  
 2.00pm – 5.00pm

\* = adjusted times