

**MONDAY 13th FEBRUARY**

**SWIM**

6.45am – 9.30am  
12.00pm – 2.00pm  
4.30pm – 7.30pm  
8.30pm – 10.00pm

**GYM**

6.45am – 2.00pm  
4.00pm – 10.00pm



**TUESDAY 14th FEBRUARY**

**SWIM**

6.45am – 9.30am  
12.00pm – 2.00pm  
4.30pm – 10.00pm

**GYM**

6.45am – 2.00pm  
4.00pm – 10.00pm

**WEDNESDAY 15th FEBRUARY**

**SWIM**

6.45am – 9.00am

**GYM**

6.45am – 9.00am

**Club closed at 9am Staff Training Day**

**THURSDAY 16th FEBRUARY**

**SWIM**

6.45am – 9.30am  
12.00pm – 2.00pm  
4.30pm – 10.00pm  
(Tri Club x2 lanes 7.30-8.30pm)

**GYM**

6.45am – 2.00pm  
4.00pm – 10.00pm

**FRIDAY 17th FEBRUARY**

**SWIM**

6.45am – 9.30am  
12.00pm – 2.00pm  
4.30pm – 10.00pm

**GYM**

6.45am – 2.00pm  
4.00pm – 10.00pm

**SATURDAY 18th FEBRUARY**

**SWIM**

8.00am – 12.30pm  
3.15pm – 5.00pm

**GYM**

8.00am – 1.00pm  
2.00pm – 5.00pm

**SUNDAY 19th FEBRUARY**

**SWIM**

9.00 – 12.30pm  
3.15pm – 5.00pm

**GYM**

9.00am – 1.00pm  
2.00pm – 5.00pm

*Please refer to new term timetable from 20th February 2017*



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