



Monmouth School Sports Club

01600 714381

www.mssportsclub.com

EASTER HOLIDAY SWIM & GYM TIMES

Mon 1st - Mon 22nd April 2019

MONDAY 15th APRIL

SWIM

6.45am – 9.30am
12.00pm – 2.00pm
4.30pm – 7.30pm
8.30pm – 10.00pm

GYM

6.45am – 2.00pm
4.00pm – 10.00pm

TUESDAY 16th APRIL

SWIM

6.45am – 9.30am
12.00pm – 2.00pm
4.30pm – 10.00pm

GYM

6.45am – 2.00pm
4.00pm – 10.00pm

WEDNESDAY 17th APRIL

SWIM

*6.45am – 9.00am
(*Staff Training Day*)
(*Sports Club Open 6.45 – 9.00am Only*)

GYM

6.45am – 9.00am

THURSDAY 18th APRIL

SWIM

6.45am – 9.30am
12.00pm – 2.00pm
4.30pm – 10.00pm
(*Inc Tri Club x2 lanes 7.30—8.30pm*)

GYM

6.45am – 2.00pm
4.00pm – 10.00pm

FRIDAY 19th APRIL (Good Friday, Bank Holiday)

SWIM

*8.00am – 1.00pm
(*Club closes at 1pm*)

GYM

8.00am – 1.00pm

SATURDAY 20th APRIL

SWIM

8.00am – 12.30pm
3.15pm – 5.00pm

GYM

8.00am – 1.00pm
2.00pm – 5.00pm

SUNDAY 21st APRIL (Easter Sunday)

SWIM

9.00am – 12.30pm
3.15pm – 5.00pm

GYM

9.00am – 1.00pm
2.00pm – 5.00pm

MONDAY 22nd APRIL (Easter Monday, Bank Holiday)

SWIM

*8.00am – 1.00pm
(*Club closes at 1pm*)

GYM

8.00am – 1.00pm

TUESDAY 23rd APRIL

PLEASE SEE NEW TERM TIMETABLE

* = PLEASE CHECK TIMES DAILY AS THERE ARE A FEW
IRREGULAR TIMES TO ACCOMMODATE VARIOUS EVENTS.
NORMAL DOOR OPENING TIMES APPLY.
NORMAL FITNESS SUITE QUIET TIMES APPLY.

MONDAY 1st April

| | |
|---|-------------------|
| <u>SWIM</u> | <u>GYM</u> |
| 6.45am – 9.30am | 6.45am – 2.00pm |
| 12.00pm – 2.00pm | 4.00pm – 10.00pm |
| (Inc P & T Class 12.45—1.15pm) | |
| 4.30pm – 7.30pm | |
| 8.30pm – 10.00pm | |

TUESDAY 2nd April

| | |
|--------------------|-------------------|
| <u>SWIM</u> | <u>GYM</u> |
| 6.45am – 9.30am | 6.45am – 2.00pm |
| *12.00pm – 1.30pm | 4.00pm – 10.00pm |
| 4.30pm – 10.00pm | |

WEDNESDAY 3rd APRIL

| | |
|---|-------------------|
| <u>SWIM</u> | <u>GYM</u> |
| 6.45am – 9.30am | 6.45am – 2.00pm |
| 12.00pm – 2.00pm | 4.00pm – 10.00pm |
| (Inc P & T Class 12.30—1.00pm) | |
| 4.30pm – 7.00pm | |
| 8.30pm – 10.00pm | |

THURSDAY 4th APRIL

| | |
|--|-------------------|
| <u>SWIM</u> | <u>GYM</u> |
| *6.45am – 9.00am | 6.45am – 2.00pm |
| 12.00pm – 2.00pm | 4.00pm – 10.00pm |
| 4.30pm – 10.00pm | |
| (Inc Tri Club x2 lanes 7.30—8.30pm) | |

FRIDAY 5th APRIL

| | |
|--------------------|-------------------|
| <u>SWIM</u> | <u>GYM</u> |
| 6.45am – 9.30am | 6.45am – 2.00pm |
| 12.00pm – 2.00pm | 4.00pm – 10.00pm |
| 4.30pm – 10.00pm | |

SATURDAY 6th APRIL

| | |
|--------------------|-------------------|
| <u>SWIM</u> | <u>GYM</u> |
| 8.00am – 12.30pm | 9.00am – 1.00pm |
| 3.15pm – 5.00pm | 2.00am – 5.00pm |

SUNDAY 7th APRIL

| | |
|--------------------|-------------------|
| <u>SWIM</u> | <u>GYM</u> |
| 9.00am – 12.30pm | 9.00am – 1.00pm |
| 3.15pm – 5.00pm | 2.00am – 5.00pm |

MONDAY 8th APRIL

| | |
|---|-------------------|
| <u>SWIM</u> | <u>GYM</u> |
| 6.45am – 9.30am | 6.45am – 2.00pm |
| 12.00pm – 2.00pm | 4.00pm – 10.00pm |
| (Inc P & T Class 12.45—1.15pm) | |
| 4.30pm – 7.30pm | |
| 8.30pm – 10.00pm | |

TUESDAY 9th APRIL

| | |
|--------------------|-------------------|
| <u>SWIM</u> | <u>GYM</u> |
| 6.45am – 9.30am | 6.45am – 2.00pm |
| 12.00pm – 2.00pm | 4.00pm – 10.00pm |
| 4.30pm – 10.00pm | |

WEDNESDAY 10th APRIL

| | |
|---|-------------------|
| <u>SWIM</u> | <u>GYM</u> |
| 6.45am – 9.30am | 6.45am – 2.00pm |
| 12.00pm – 2.00pm | 4.00pm – 10.00pm |
| (Inc P & T Class 12.30—1.00pm) | |
| 4.30pm – 7.00pm | |
| 8.30pm – 10.00pm | |

THURSDAY 11th APRIL

| | |
|--|-------------------|
| <u>SWIM</u> | <u>GYM</u> |
| 6.45am – 9.30am | 6.45am – 2.00pm |
| 12.00pm – 2.00pm | 4.00pm – 10.00pm |
| 4.30pm – 10.00pm | |
| (Inc Tri Club x2 lanes 7.30—8.30pm) | |

FRIDAY 12th APRIL

| | |
|--------------------|-------------------|
| <u>SWIM</u> | <u>GYM</u> |
| 6.45am – 9.30am | 6.45am – 2.00pm |
| 12.00pm – 2.00pm | 4.00pm – 10.00pm |
| 4.30pm – 10.00pm | |

SATURDAY 13th APRIL

| | |
|--------------------|-------------------|
| <u>SWIM</u> | <u>GYM</u> |
| 8.00am – 12.30pm | 8.00am – 1.00pm |
| 3.15pm – 5.00pm | 2.00pm – 5.00pm |

SUNDAY 14th APRIL

| | |
|--------------------|-------------------|
| <u>SWIM</u> | <u>GYM</u> |
| 9.00am – 12.30pm | 9.00am – 1.00pm |
| 3.15pm – 5.00pm | 2.00am – 5.00pm |