

MONDAY 28th MAY

SWIM

8.00am – 1.00pm

GYM

8.00am – 1.00pm

Bank Holiday Monday Club Closes 1.00pm

TUESDAY 29th MAY

SWIM

6.45am – 9.30am

12.00pm – 2.00pm

4.30pm – 10.00pm

GYM

6.45am – 2.00pm

4.00pm – 10.00pm



WEDNESDAY 30th MAY

SWIM

6.45am – 9.00am

Club closed at 9am Staff Training Day

GYM

6.45am – 9.00am

THURSDAY 31st MAY

SWIM

6.45am – 9.30am

12.00pm – 2.00pm

4.30pm – 10.00pm

(Tri Club x2 lanes 7.30-8.30pm)

GYM

6.45am – 2.00pm

4.00pm – 10.00pm



FRIDAY 1st JUNE

SWIM

6.45am – 9.30am

12.00pm – 2.00pm

4.30pm – 10.00pm

GYM

6.45am – 2.00pm

4.00pm – 10.00pm

SATURDAY 2nd JUNE

SWIM

8.00am – 12.30pm

3.15pm – 5.00pm

GYM

8.00am – 1.00pm

2.00pm – 5.00pm



SUNDAY 3rd JUNE

SWIM

9.00 - 12.30pm

3.15pm – 5.00pm

GYM

9.00am – 1.00pm

2.00pm – 5.00pm

Please refer to new term timetable from 4th June 2018